



# John Millsap

**Full Name:** John L. Millsap, Jr.

**Position:** Forward

**Height/Weight:** 6-6 / 220

**Birthdate:** October 19, 1982 (Grambling, La.)

**High School:** Grambling HS (Grambling, La.)

**College:** Texas-San Antonio

## Navarro JC

Season	G	FGM	FGA	PCT	FTM	FTA	PCT	REB	AST	TO	STL	BL	PTS	AVG
2001-02	29	112	216	.519	43	73	.589	147	11		25		269	9.3
2002-03	30	175	331	.530	59	100	.590	259	16		28		409	14.1
<b>Totals</b>	<b>59</b>	<b>287</b>	<b>547</b>	<b>.525</b>	<b>102</b>	<b>173</b>	<b>.590</b>	<b>406</b>	<b>27</b>		<b>53</b>		<b>678</b>	<b>11.5</b>

**Three-point field goals:** 2001-02, 2-for-7 (.286).

## Texas-San Antonio

Season	G	FGM	FGA	PCT	FTM	FTA	PCT	REB	AST	TO	STL	BL	PTS	AVG
2003-04	23	74	156	.474	32	53	.604	115	16	41	15	5	182	7.9
2004-05	28	155	322	.481	72	119	.605	192	40	68	26	4	384	13.7
<b>Totals</b>	<b>51</b>	<b>229</b>	<b>478</b>	<b>.479</b>	<b>104</b>	<b>172</b>	<b>.605</b>	<b>307</b>	<b>56</b>	<b>109</b>	<b>41</b>	<b>9</b>	<b>566</b>	<b>11.1</b>

**Three-point field goals:** 2003-04, 2-for-5 (.400); 2004-05, 2-for-11 (.182). **Totals: 4-for-16 (.250).**

## Utah/Butte - CBA

Season	G	FGM	FGA	PCT	FTM	FTA	PCT	REB	AST	TO	STL	BL	PTS	AVG
2006-07	46	237	505	.469	155	207	.749	307	82	124	40	12	629	13.7

**Three-point field goals:** 2006-07, 0-for-5. Totals, 0-for-5.

## Utah - NBA D-League

Season	G	FGM	FGA	PCT	FTM	FTA	PCT	REB	AST	TO	STL	BL	PTS	AVG
2007-08	42	67	147	.456	36	53	.679	98	21	40	12	6	170	4.0

**Three-point field goals:** 2007-08, 0-for-1. Totals, 0-for-1.

**Pro Career Highlights:** Spent the 2007-08 season in the NBA Developmental League with the Utah Flash, averaging 4.0 points and 2.3 rebounds in 10.2 minutes a contest. Played with the Dodge City Legend in the USBL in the summer of 2007, averaging 5.9 points and 3.3 rebounds in 17 games. Participated in NBA summer league with the Utah Jazz in 2007. Played in the USBL with the Dodge City Legend in the summer of 2007, averaging 5.9 points and 3.3 rebounds in 17 games. Spent the 2006-07 season in the CBA with the Utah Stars and Butte Daredevils, averaging 13.7 points and 6.7 rebounds in 46 total games. Earned a CBA All-Star Game selection. Played briefly in Serbia-Montenegro in 2005-06 with Mornar Bar, averaging 8.6 points and 2.2 rebounds in five games.

**College Highlights:** Finished collegiate career at Texas-San Antonio after playing first two seasons at Navarro College in Corsicana, Texas.

**Senior (2004-05):** Led the team in scoring (13.7 ppg, ranked ninth in the Southland) and rebounding (6.9 rpg, fifth). Scored in double figures 19 times. Posted four double-doubles. Registered career-high 28 points vs. McNeese State. Posted a double-double of 15 points and 11 rebounds vs. Louisiana Tech. Scored 14 points at Texas. Registered 13 points, 15 rebounds, and four assists vs. New Mexico State. Tallied 24 points on 12-for-16 shooting vs. Texas State. Pulled down a career-high 17 rebounds vs. Sam Houston State. Scored 20 points and grabbed eight rebounds in the first round of the Southland Conference Tournament vs. Lamar.

**Junior (2003-04):** Averaged 7.9 points and 5.0 rebounds in 22.6 minutes a contest. Started 16 of 23 games, missing the first ten games of the season while establishing academic eligibility. Scored in double figures nine times. Posted season-high 15 points and grabbed seven rebounds at SE Louisiana. Registered 13 points and nine rebounds at Texas-Arlington. Scored 18 points and pulled down eight rebounds vs. Nicholls State. Grabbed a season-high ten rebounds at Sam Houston State. Tallied 13 points and six rebounds vs. New Mexico State in his UTSA debut.

**Junior College (2001-02, 2002-03):** At Navarro, averaged 14.1 points and a team-high 8.6 rebounds as a sophomore in 2002-03. Ranked eighth in Region XIV in rebounding. Earned Honorable Mention All-Region honors. Averaged 9.3 points and a team-high 5.1 rebounds as a freshman in 2001-02.

**Personal:** Majored in sports medicine. Has three younger brothers, including current Utah Jazz forward Paul Millsap, who led NCAA Division I in rebounding in three consecutive seasons while playing at Louisiana Tech.